

# Care Comparison Chart

Type of Care	Care Is Appropriate for:
Assisted Living	Individuals who would benefit from assistance with daily tasks like medication management, meal preparation, mobility, dressing, and bathing. Also appropriate for those who can no longer live safely without some level of support.
Nursing Care	Individuals who need complete assistance with all tasks of daily living, specifically meal preparation and/or consumption, medication management and distribution, bathing, dressing, toileting, etc.
Memory Care	Individuals with Alzheimer's, dementia, or other cognitive challenges who need assistance with most or all daily tasks of living, including medication management and distribution, meal preparation, bathing, dressing, and coordination of activities.
Rehabilitation	Individuals who require physical, speech, or occupational therapy after hospitalization for an illness or surgery.



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