

Looking for QUALITY senior health care for your loved one?

With so many options for senior care, how can you feel confident that you're making the right decision? Use this checklist to compare other options in your area. To help get you started, we've already checked the Cedar Crest column for you.

PERSON-CENTERED APPROACH	CEDAR CREST	Name _____	Name _____
A holistic assessment is completed for every resident to understand likes, dislikes, desires, and needs.	✓		
Interdisciplinary approach looks at residents' physical, spiritual, and emotional needs to create an individualized plan for each resident.	✓		

INNOVATIVE DESIGN	CEDAR CREST	Name _____	Name _____
Homelike environment strategically designed to include smaller, intimate spaces to allow residents to meet their highest level of independence during their stay.	✓		
Access to tranquil outdoor courtyard with gardens and walking paths.	✓		
A variety of apartments with modern finishes and full baths.	✓		
Medications stored in a locked cabinet in each resident's room to create a more homelike environment, encourage independence, and create efficiencies in managing medications.	✓		

COMPASSIONATE, EXPERIENCED STAFF	CEDAR CREST	Name _____	Name _____
Full-time physicians on campus who are experts in caring for older adults.	✓		
On-site providers who make rounds and get to know each resident.	✓		
Interdisciplinary approach involving our own medical director, and nursing, therapy, and social services teams to support each resident's progress and goals throughout the day.	✓		

QUALITY HEALTH CARE

	CEDAR CREST	Name	Name
Cedar Crest is part of Erickson Living, a national network of communities with 35+ years of experience serving the health and wellness needs of seniors.	✓		
Several levels of care available in one location to seamlessly manage changes in care needs.	✓		
Routine care planning meetings that allow the resident, family, and care team to partner together in developing the care plan and making adjustments as needs change.	✓		

Review your senior care options, then call **973-831-3755** to request more information or to schedule a visit to Cedar Crest. Our knowledgeable team is here to help.



1 Cedar Crest Drive, Pompton Plains, NJ 07444

CedarCrestCommunity.com

Independent Living | Inpatient and Outpatient Rehabilitation
 Assisted Living | Memory Care
 Nursing Care | Long-Term Care