

# Looking for QUALITY assisted care for your loved one?

With so many options for assisted care, how can you feel confident that you're making the right decision? **Use this checklist to compare the assisted care communities in your area.** To help you get started, we've already checked the Linden Ponds column for you.

|   | LINDEN PONDS | Name _____ | Name _____ |
|---|--------------|------------|------------|
| <b>STRATEGIC BUILDING DESIGN AND SAFETY</b>   |              |            |            |
| Small, intimate neighborhoods designed with strategically placed sitting areas and nooks  | ✓            |            |            |
| Building designed with neighborhoods off short hallways that encourage independence in getting to and from meals and activities   | ✓            |            |            |
| Easy access to outdoor walking paths, gardens, and courtyards   | ✓            |            |            |
| Medications stored in a locked cabinet in each resident's room to create a more homelike environment, encourage independence, and create efficiencies in managing medications | ✓            |            |            |

|  | LINDEN PONDS | Name _____ | Name _____ |
|--|--------------|------------|------------|
| <b>PERSON-CENTERED APPROACH TO CARE</b>  |              |            |            |
| A holistic assessment is completed for every resident to understand likes, dislikes, desires, and needs  | ✓            |            |            |
| Interdisciplinary approach looks at residents' physical, spiritual, and emotional needs to create an individualized plan for each resident   | ✓            |            |            |
| Spacious, family-style kitchen where healthy, tasty foods are available around the clock; a variety of menu options are prepared on-site by a dedicated chef                       | ✓            |            |            |
| Staff and resident interaction allows for the development of close personal relationships that allow each resident to have meaningful moments with their dedicated care associates | ✓            |            |            |
| Residents are encouraged to share their gifts and experiences to create meaningful programming and activities  | ✓            |            |            |
| Special benefit of access to the clubs, activities, and amenities of the entire Linden Ponds community support each resident's preferences and interests                           | ✓            |            |            |

## ACCESS TO QUALITY HEALTH CARE

|  | LINDEN<br>PONDS | Name | Name |
|--|-----------------|------|------|
| Linden Ponds is part of Erickson Living,® a national network of communities with over 30 years of experience meeting the health and wellness needs of older adults; our track record of superior outcomes makes us one of the nation's most respected names in senior living and health care | ✓               |      |      |
| Full-time physicians on campus who are experts in caring for older adults  | ✓               |      |      |
| Access to inpatient rehabilitation and outpatient services (physical, speech, and occupational therapies) on the same campus   | ✓               |      |      |
| Several levels of care available in one location to seamlessly manage changes in care needs  | ✓               |      |      |
| Routine care planning meetings that allow the resident, family, and care team to partner together in developing the care plan and making adjustments as needs change   | ✓               |      |      |

Review your assisted care options, then call **781-534-7170** to request more information or to schedule a visit to Linden Ponds. Our knowledgeable team is here to help.



300 Linden Ponds Way, Hingham, MA 02043

LindenPonds.com

Independent Living | Outpatient Rehabilitation  
Short-Term Rehabilitation | Long-Term Nursing Care  
Assisted Care