

# Looking for QUALITY assisted living for your loved one?

With so many options for assisted living, how can you feel confident that you're making the right decision? **Use this checklist to compare the assisted living communities in your area.** To help you get started, we've already checked the Riderwood column for you.

	RIDERWOOD	Name _____	Name _____
<b>STRATEGIC BUILDING DESIGN AND SAFETY</b>			
Variety of private studio and one and two bedroom apartments with modern finishes, full baths, and kitchenettes; some with patios	✓		
Small, intimate neighborhoods designed with strategically placed sitting areas and nooks	✓		
Building designed with neighborhoods off short hallways that encourage independence in getting to and from meals and activities	✓		
Easy access to outdoor walking paths, gardens, and courtyards	✓		

	RIDERWOOD	Name _____	Name _____
<b>PERSON-CENTERED APPROACH TO CARE</b>			
A holistic assessment is completed for every resident to understand likes, dislikes, desires, and needs	✓		
Interdisciplinary approach looks at residents' physical, spiritual, and emotional needs to create an individualized plan for each resident	✓		
Spacious, family-style kitchen where healthy, tasty foods are available around the clock; a variety of menu options are prepared on-site by a dedicated chef	✓		
Staff and resident interaction allows for the development of close personal relationships that allow each resident to have meaningful moments with their dedicated care associates	✓		
Residents are encouraged to share their gifts and experiences to create meaningful programming and activities	✓		
Special benefit of access to the clubs, activities, and amenities of the entire Riderwood community support each resident's preferences and interests	✓		

## ACCESS TO QUALITY HEALTH CARE

RIDERWOOD \_\_\_\_\_

Riderwood is part of Erickson Living®, a national network of communities with over 30 years of experience meeting the health and wellness needs of older adults; our track record of superior outcomes makes us one of the nation’s most respected names in senior living and health care	✓		
Full-time physicians on campus who are experts in caring for older adults	✓		
Access to inpatient rehabilitation and outpatient services (physical, speech, and occupational therapies) on the same campus	✓		
Access to fitness room in the neighborhood encourages independence and a healthy lifestyle	✓		
Several levels of care available in one location to seamlessly manage changes in care needs	✓		
Routine care planning meetings that allow the resident, family, and care team to partner together in developing the care plan and making adjustments as needs change	✓		

Review your assisted living options, then call **301-572-8420** to request more information or to schedule a visit to Riderwood. Our knowledgeable team is here to help.



3140 Gracefield Road, Silver Spring, MD 20904

RiderwoodCommunity.com

Independent Living  
 Inpatient and Outpatient Rehabilitation | Assisted Living  
 Memory Care | Nursing Care