

Looking for **QUALITY** senior rehabilitation for your loved one?

With so many options for senior rehabilitation, how can you feel confident that you're making the right decision? **Use this checklist to compare the options for physical, speech, and occupational therapy in your area.** To help you get started, we've already checked the Charlestown column for you.

PERSON-CENTERED APPROACH TO CARE	Name _____		
	CHARLESTOWN		
A holistic review of each resident's likes, dislikes, goals, and motivators resulting in higher guest participation and engagement in their care plan	✓		
Interdisciplinary approach involving our own medical director, and nursing, therapy, and social services teams to support each guest's progress and goals throughout their stay	✓		
Flexible dining options that include a choice of dining locations and times that satisfy varying dietary needs	✓		

ACCESS TO QUALITY HEALTH CARE	Name _____		
	CHARLESTOWN		
Full-time physicians and nurse practitioner on-site who are experts in caring for older adults and are involved in the medical oversight of each guest	✓		
Full-time therapists dedicated to the residents and guests of Charlestown allowing for more flexibility in therapy times, locations, and approaches based on the guest's preferences	✓		
Frequent care plan meeting in which the guest, family, and care team work to develop and discuss the plan of care, supporting each individual's goals	✓		
Inpatient and outpatient services offered in the same location with the same care team overseeing the care plan throughout the rehabilitation process	✓		
Part of Erickson Living, [®] a national network of communities with 35+ years of experience serving the health and wellness needs of seniors	✓		
Named a Best Nursing Home by <i>U.S. News & World Report</i>	✓		

STRATEGIC BUILDING DESIGN AND SAFETY

CHARLESTOWN

Name

Name

Homelike environment strategically designed to include smaller, intimate spaces to allow our guests to meet their highest level of independence during their stay	✓		
Private rooms with half baths	✓		

Review your options, then call **410-737-8923** to request more information or to schedule a visit to Charlestown. Our knowledgeable team is here to help.



715 Maiden Choice Lane, Catonsville, MD 21228

CharlestownCommunity.com

Independent Living
 Inpatient and Outpatient Rehabilitation | Assisted Living
 Memory Care | Nursing Care | Respite Care