

Looking for **QUALITY** senior rehabilitation for your loved one?

With so many options for senior rehabilitation, how can you feel confident that you're making the right decision? **Use this checklist to compare the options for physical, speech, and occupational therapy in your area.** To help you get started, we've already checked the Greenspring column for you.

	Name	Name
STRATEGIC BUILDING DESIGN AND SAFETY	GREENSPRING	
Homelike environment strategically designed to include smaller, intimate spaces to allow our guests to meet their highest level of independence during their stay	✓	
All private rooms to preserve privacy and dignity	✓	
Medications stored in a locked cabinet in each guest's room to foster participation in managing medications and encourage independence and a successful return to home	✓	

	Name	Name
PERSON-CENTERED APPROACH TO CARE	GREENSPRING	
A holistic review of each resident's likes, dislikes, goals, and motivators resulting in higher guest participation and engagement in their care plan	✓	
Interdisciplinary approach involving our own medical director, and nursing, therapy, and social services teams to support each guest's progress and goals throughout their stay	✓	
Flexible dining options that include a choice of dining locations and times that satisfy varying dietary needs	✓	

ACCESS TO QUALITY HEALTH CARE

	GREENSPRING	Name	Name
Full-time physicians and nurse practitioner on-site who are experts in caring for older adults and are involved in the medical oversight of each guest	✓		
Full-time therapists dedicated to the residents and guests of Greenspring allowing for more flexibility in therapy times, locations, and approaches based on the guest's preferences	✓		
Frequent care plan meeting in which the guest, family, and care team work to develop and discuss the plan of care, supporting each individual's goals	✓		
Part of Erickson Living®, a national network of communities with 35+ years of experience serving the health and wellness needs of seniors	✓		
Holds a coveted 5-star rating from the Centers for Medicare and Medicaid Services	✓		
Named a Best Nursing Home by <i>U.S. News & World Report</i>	✓		

Review your options, then call **703-923-4650** to request more information or to schedule a visit to Greenspring. Our knowledgeable team is here to help.



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GreenspringCommunity.com

Independent Living
 Inpatient and Outpatient Rehabilitation | Assisted Living
 Memory Care | Nursing Care