## Looking for QUALITY assisted living for your loved one?

With so many options for assisted living, how can you feel confident that you're making the right decision? **Use this checklist to compare the assisted living communities in your area.** To help you get started, we've already checked the Wind Crest column for you.

STRATEGIC BUILDING DESIGN AND SAFETY	WIND CREST	Name	Name
Variety of private studio and one and two bedroom apartments with modern finishes, full baths, and kitchenettes	~		
Small, intimate neighborhoods designed with strategically placed sitting areas and nooks	v		
Building designed with neighborhoods off short hallways that encourage independence in getting to and from meals and activities	v		
Easy access to outdoor areas, gardens, and courtyards	~		
Medications stored in a locked cabinet in each resident's room encourages independence and create efficiencies in managing medications	~		

PERSON-CENTERED APPROACH TO CARE	WIND CREST	Name	Name
A holistic assessment is completed for every resident to understand likes, dislikes, desires, and needs	~		
Interdisciplinary approach looks at residents' physical, spiritual, and emotional needs to create an individualized plan for each resident	~		
Spacious, family-style kitchen where healthy, tasty foods are available around the clock; a variety of menu options are prepared on-site by a dedicated chef	~		
Staff and resident interaction allows for the development of close personal relationships that allow each resident to have meaningful moments with their dedicated care associates	v		
Activities are tailored to match the residents' interests and personal preferences	V		
Access to all the community's amenities including restaurants, salons, convenience store, activities, and clubs	~		

ACCESS TO QUALITY HEALTH CARE	WIND CREST	Name	Name
Wind Crest is part of Erickson Living, <sup>®</sup> a national network of communities with over 30 years of experience meeting the health and wellness needs of older adults; our track record of superior outcomes makes us one of the nation's most respected names in senior living and health care	~		
Full-time physicians on campus who are experts in caring for older adults	~		
Access to inpatient rehabilitation and outpatient services (physical, speech, and occupational therapies)	~		
Access to special programs to enhance strength and independence	~		
Several levels of care available in one location to seamlessly manage changes in care needs	~		
Routine planning meetings allow the resident, family, and care team to partner together in developing the service plan and making adjustments as needs change	~		

Review your assisted living options, then call **303-876-8400** to request more information or to schedule a visit to Wind Crest. Our knowledgeable team is here to help.



Add more Living to your Life®

3420 Mill Vista Road, Highlands Ranch, CO 80129

WindCrestRetirement.com

Independent Living | Assisted Living | Memory Care Short-Term Rehabilitation and Nursing Care

