

# Avery Point CLUBS AND ACTIVITIES

## ARTS AND CRAFTS:

- Crafts
- Fabric Arts/Quilting
- Painting
- Scrapbook Club
- Stained Glass Club
- Woodworkers

## SOCIAL CLUBS:

- Dance Socials
- Square Dancers
- Friday Morning Coffee
- Line Dancing
- Model Railroad Club
- Nurses' Group
- Pet Owners Group
- Readers Theatre
- Semper Fi Lunch Bunch
- Women's Club

## EDUCATION CLUBS:

- Apple Computer Club
- Book Clubs
- Computer Lab
- Current Issues
- Democratic Alliance
- Genealogy Club
- Government Affairs
- "How-To" Group
- Republican Party
- Writing Club

## MUSIC CLUBS:

- Drummers Club
- Choir
- Jazz Club

## GARDENING:

- Garden Club
- Orchid and Houseplant Club

## GAMES:

- Bridge
- Card Games
- Chess Club
- Cribbage
- Dog Run/Park
- Dominoes
- Golf
- Horseshoes
- Jokers Wild
- Ladies' Poker
- Mah-Jongg
- International Mah-Jongg
- Outdoor Putting
- Rummikub
- Scrabble
- Table Pool
- Wii Games

## COMMITTEES:

- Entertainment Committee
- Go Green Committee
- Library Committee
- Movie Committee
- Welcome Committee

## GENERAL INTEREST:

- Treasure Chest

## HEALTH:

- Aerobic Circuit
- Aqua Aerobics
- Balance—Advanced and Basic
- Erickson Walking Challenge
- Everything Aqua
- Personal Trainer
- Quick Core
- Tai Chi
- Walking Club
- Water Volleyball
- Triathlon Group
- Yoga I and II
- Zumba

## WELLNESS:

- Ask a Pharmacist
- Better Breathers
- Blood Pressure Clinic
- Brain Boosters
- Low Vision Support Group
- Medical Center Talks
- Memory Fitness
- Memory Loss Caregivers Support Group
- Parkinson's Support Group
- Person-Directed Lifestyle
- Scooter Mobility Group

# Avery Point CLUBS AND ACTIVITIES

(CONTINUED)

## SPIRITUAL:

- Monthly Spiritual Events
- Buddhist Group
- Catholic Fellowship
- Catholic Mass
- Clergy Fellowship
- Episcopalians and Friends
- Christian Bible Study
- Christian Fellowship
- Interfaith Council
- Jewish Community Dinner
- Lutheran Dinner/Fellowship
- One Spirit, Many Faiths Dinner/Fellowship
- Presbyterian Dinner/Fellowship
- Progressive Christianity
- Protestant Worship
- Stephen's Ministries
- United Methodist Dinner/Fellowship

\*This is an example of the potential clubs and programs available at Avery Point.